

# Self Sculpting



Language



Mathematics



Music



Identity



Creall<sup>®</sup>  
Do & Dry  
Modelling material



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A-26010 ○ block White 500 g



# Self Sculpting

Activity intended for:  
Grades 3-4

Subject/area of development:  
Emotional intelligence,  
personality development



Language



Mathematics



Music



Identity



## Topics:

Body perception, identity, self-image, body parts and proportions

## Duration:

30 - 45 minutes

## Material:

Creall Do & Dry

## Purpose of the lesson:

Discovering proportions, practicing body perception, and gaining insight into self-image.

## Method/lesson suggestion:

Today we're going to create ourselves using clay. Take a good look in the mirror and make a realistic clay figure of yourself. How big is your nose, where are your ears, how long your legs? Now paint your figure. What colors did you use? Why? Now put the figures in the circle. Who can tell who's who? How can you tell?